



Guardian East

Produced for Personnel of KFOR Multi-National Brigade (East)

At a glance



Change of command **8**
Col. Randal Dragon takes on Dagger Brigade



They're animals **5**
MP dogs ready to serve



Guidon run **12**
Army birthday brings soldiers to the finish line



Soccer action **16**
U.S. vs. POLUKRBAT highlights

Serving soldiers better

Nadine Collins, store manager of the new post exchange at Camp Bondsteel, cuts the ribbon on opening day with Air Force Maj. Gen.

Charles Wax, commander of the Army and Air Force Exchange Service, and Col. Albert Johnson, chief of staff of KFOR Multi-National Brigade (East).

The PX opened its doors to a capacity-sized crowd in a ceremony June 26. In addition to a variety of distinguished guests, shoppers were greeted by a large staff and a live band.



U.K. and U.S. servicemembers raise \$1,100 for orphans

By Spc. Jasmine Chopra
Staff Writer

CAMP BONDSTEEL — Trash-talking, rabble-rousing, and smack-down sumo wrestling might not seem like random acts of kindness, but for soldiers in Task Force Medical Falcon, such frolic led not only to laughs, but to \$1,100 in donations for a local orphanage.

With World Wrestling Federation flair, both U.K. and U.S. soldiers sumo wrestled with two goals in mind: raising funds for orphans and boosting soldiers' morale, said Staff Sgt. Juan Hickson, TFMF emergency room non-commissioned officer in charge.

What started out as the hope of Lt. Fiona Thompson of the U.K. Navy and Capt. Kathryn Malony of the U.K. Army, to collect toys and clothes for needy children snowballed into a fund-raiser involving more than 180 Multi-National Brigade (East) personnel.

Thompson, a TFMF emergency medical treatment center registered nurse and Malony, a TFMF intensive care unit nurse, raised funds by asking personnel departing Kosovo to donate their spare euros. With those funds, Thompson purchased toys, clothes, diapers and toiletries for the needy children.

"We were absolutely amazed by people's response," Thompson said.

Capt. Jeffrey Burbank, TFMF chaplain, helped identify the Gracanica Monastery Orphanage as a legitimate organization for the items to be donated to.

"Everyone put such effort into the fund-raiser, and our greatest fear was that the (donations) would be

Cooperation brings autonomy to Drajkovce health clinic

By Spc. Jasmine Chopra
Staff Writer

CAMP BONDSTEEL — Prompted by the Drajkovce medical clinic's demonstrated ability and willingness to employ multi-ethnic personnel and to care for all patients regardless of ethnicity, Task Force Medical Falcon formally ended its support relationship from the clinic June 17.

Along with its multi-national peacekeeping partner the Polish-Ukrainian Battalion, TFMF had provided medical civilian assistance programs, mentoring, training and pharmaceuticals to the clinic. POLUKRBAT continued its involvement with the clinic

See *AMBULANTE* page 13

See *DONATION* page 11

MNB(E) Commander's Message

Initiative starts with recognizing opportunities

Last week, I introduced the concept of FARs and gave you my thoughts on discipline as the foundation of military success.

This week we focus on initiative and its importance to our mission here in Kosovo. Initiative is trying to make something good happen within the scope of the leader's intent and without close supervision. While this sounds simple, taking initiative requires vision and courage. First, we have to see the opportunity to do the right thing; we have to recognize that something requires doing. Then we have to take the opportunity to act; we have to have the courage to try even though our immediate supervisor may not be watching to give us the order to go ahead.

Seeing an opportunity to show initiative can be difficult here in Kosovo because, since we are here for only 6 months, we tend to do things just as the rotation before did them. This is most evident when we first arrived in sector and conducted right-seat-rides and then a relief-in-place with our predecessors from 10th Mountain Division.

In fact, the doctrinal definition of the tactical mission "relief-in-place" calls for the incoming force to occupy every fighting position of the force being relieved; then the relieved force departs. In every foxhole, the new unit accepts the old unit's aiming stakes and range card. A successful relief-in-place depends on careful attention to detail, but there's not much room for initiative. Once the relief is complete, however, the new unit is free to re-examine the tactical conditions and make changes. Today, this is where we are in our mission. It's time for us to see things in light of the changing conditions here in Kosovo and show initiative. It's time to take the opportunity to act.

This requirement for initiative applies up and down the chain of command. Day to day, our mission relies on small unit actions. Platoons, squads, and sections do most of our operations: recon patrols, traffic control points, escorts, and support missions. Everywhere I go around our sector, I see evidence of small unit leaders and individual soldiers showing initiative. I see



**Brig. Gen.
Douglas E. Lute**

patrol leaders using new, fresh ideas to prepare for, execute, and recover from missions. We are integrating combined arms in new ways with aviation, MPs, PSYOPS, Civil Affairs and our CIVPOL partners all playing important roles. I've also seen great initiative in training. Small units are coming up with imaginative fitness training, live-fire training, and soldier development programs.

At battalion level, too, I see

initiative. Recently all battalion commanders submitted to me their ideas on how we should adapt our procedures to fit new conditions. There are many good ideas here, including closing some base camps, deleting some missions and changing others, and adjusting our force protection levels. These are being assessed now and we will see some changes in the upcoming weeks based on the initiative of the battalion commanders.

At brigade level we are showing initiative as well. Those who work in our command posts will recognize the effort to create a digital "common operating picture" across the brigade, essentially a computer-based map that tracks all our activities. Further, we are finalizing a brigade SOP that will serve not only our rotation but follow-on rotations as well. Also, we have emphasized using every opportunity for quality training, such as medevac rehearsals, multi-national partnership operations, and as much live-fire training as we can schedule.

This mission gives leaders and subordinates at all levels opportunities to demonstrate initiative.

We all have to be alert to such opportunities, and then have the energy and the courage to do something that needs to be done, without being told to do so. Soldiers with initiative understand their leaders' vision and then make informed decisions to accomplish the mission. We all know that the chain of command cannot be everywhere at once. I expect each of you to act wisely in the absence of close supervision. Don't be frozen into inactivity when you see something that requires action. Don't wait to be told what to do when you can see the way ahead — just move out! Equally important, I also expect each leader to endorse and promote the initiative of his or her subordinates. Even if the outcome is not perfect, leaders should look to reward those who have the courage to act in the absence of orders. Initiative is a powerful factor in great units. Let's continue to show and reward initiative at all levels in Multi-national Brigade East.

Command Sergeant Major's Message

Guest CSM: Take advantage of TFMF services



**Command Sgt. Maj.
Craig A. Layton
TFMF CSM**

I am Command Sgt. Maj. Craig A. Layton, Task Force Medical Falcon CSM and senior medical non-commissioned officer for the Multi-National Brigade (East). My job is to advise CSM Ralph L. Beam, senior medics and other soldiers of MNB(E) about medical training and concerns.

We at TFMF are here to provide the finest medical treatment and customer service to the soldiers in MNB(E) and MNB(C). Our treatment facility provides Level III Combat Health Support.

The TFMF Preventive Medicine team provides support to MNB(E) and advises the command on preventive medicine, environmental health and risk assessment issues. In addition, PM provides water qual-

ity monitoring and analysis, food service sanitation and inspection, environmental health inspections, disease control and prevention, base camp and outpost field sanitation assessments and environmental monitoring.

Our PM team would like to remind all soldiers and leaders that with warmer days approaching, soldiers should take into consideration the following basic heat injury preventive measures:

Drink water frequently. Hourly fluid intake SHOULD NOT exceed 1 1/2 quarts. Daily fluid intake SHOULD NOT exceed 12 quarts.

Dark yellow urine or infrequent urination is a sign of dehydration. Increase water intake.

Perform heavy work in the cooler hours of the day such as early morning or late evening, if possible.

Consider heat injury risks. Soldiers undergoing treatment for acute or chronic medical conditions may be at greater risk for heat injuries. Wearing body armor adds 5 degrees Fahrenheit to the Wet Bulb Globe Test index. MOPP overgarments add 10 degrees Fahrenheit.

The Combat Stress team is also here to assist by preventing stress-related casualties, monitoring unit morale and treating mental health patients in MNB(E). This is accomplished in three ways:

Providing education to soldiers, leaders, chaplains and performing sector surveys.

Treatment of stress, compulsions

or behavior that is harmful to the soldier or unit.

Critical incident stress debriefings for soldiers and civilians in traumatic situations.

On a final note, MNB(E) is preparing to run the first Expert Field Medical Badge qualification ever offered in KFOR. This event is expected to draw approximately 200 multi-national medics throughout Kosovo and Bosnia. Final training and testing will run Aug. 17-26 on Camp Bondsteel. You can get updates at www.tfmfalconhq.usar.army.mil

We are committed to taking care of each other, taking care of our families and accomplishing the mission. We don't just say it; we live it!

MNB (E) and Task Force Falcon		302nd Mobile Public Affairs Detachment		Webmaster/Broadcast Journalist <i>Pfc. Lisa Forbes</i>	
Commanding General <i>Brig. Gen. Douglas E. Lute</i>				Senior Print Journalist <i>Staff Sgt. Keith Robinson</i>	
Public Affairs Officer <i>Maj. Mark Ballesteros</i>				Senior Broadcast Journalist <i>Sgt. Keren Olson</i>	
				Camp Monteith Public Affairs NCO <i>Sgt. James Blaine</i>	
				Media Operations NCO <i>Sgt. Lovedy Zie</i>	
				Administrative Specialist <i>Pfc. Brandon Guevara</i>	

battle 'rattle'

Which freedom do you feel most impassioned about fighting for?



Sgt. Harley Chadwick
Technician
Co. A, 15th Military Intelligence Bn.
Camp Able Sentry

I believe the freedom of religion is the greatest of all. If I could not worship my way, I wouldn't be the person I am today.

Spc. Andrew Wentworth
Unmanned aerial vehicle operator
Co. A, 15th Military Intelligence Bn.
Camp Able Sentry

The freedom to express yourself because censorship creates narrow-minded people.



Pfc. Peter Van Haastert
Truck driver and radio operator
HHC (Netherlands)
Camp Fox

I want everyone to have a nice home and be peaceful.

Spc. Nathan Patch
Fire direction specialist
HHC, 1-13 Inf. Bn.
Camp Able Sentry

I fight for what America stands for. I like the idea of a person who is nobody, coming from parents who are nobody, knowing nobody — being able to become somebody. No matter color, creed, religion or sex. I fight for that.



Cpl. Jeffrey Bowman
Unmanned aerial vehicle operator
Co. A, 15th Military Intelligence Bn.
Camp Able Sentry

The ability to live free and have choices without being ruled by a government that dictates what you can and can't do. Basically freedom itself.

Pfc. Loyd Barton
Unmanned aerial vehicle operator
Co. A, 15th Military Intelligence Bn.
Camp Able Sentry

Freedom of speech because if you start limiting what we say then you're going to want to limit how we think.



From the newsroom

Americans can show pride by demonstrating tolerance

By Capt. Dave Domingo
Staff Writer

As American soldiers deployed to Kosovo, we may be missing out on important July 4 festivities — such as barbecues, picnics and family gatherings — but we are gaining something, too.

Celebrating the Fourth of July in Kosovo, amid a culture that seems to be borrowing many lessons from the United States, gives us a new perspective from which to reflect on the values that have made our country great.

Those values are represented by a symbol found on the uniform of each U.S. soldiers and civilian in Kosovo: the American flag.

The significance of the flag was interpreted by George Washington: "We take the stars from Heaven, the red from our mother country, separating it by white stripes, thus showing that we have separated from her, and the white stripes shall go down to posterity representing Liberty."

But the flag has come to symbolize more than independence and liberty, both to Americans and to the rest of the world. It also symbolizes unity. It is the symbol of 205 million free people who have been welded into a nation by learning to accept differences in one another. There is a name for that value: tolerance.

Not only should we be practicing tolerance for the practices and beliefs of other Americans; while in Kosovo, we also should be demonstrating that kind of tolerance toward all those who live here.

Impartiality is vital to our mission, whether we are dealing with fellow soldiers or the local residents we encounter inside and outside our camps.

We respect the contributions Kosovo's residents have made to their communities and their society. They have helped make the KFOR mission an educational experience, promoting cross-cultural harmony and awareness.

We need to remember that with individual freedom comes an obligation. On this day of national pride, let's share one important educational experience by teaching tolerance with our actions.

Respect yourself and your neighbor, and tolerate the individual freedoms of others.

Domingo is executive officer of the 302nd Mobile Public Affairs Detachment.

Do you have a story or photo idea for
Guardian East?

If so, please give us a call at
DSN 781-5200

guardianeast@

bondsteel2.aurer.army.mil

Old Glory



At left, Pvt. John D. Harding Jr., Pvt. Jared D. Caldwell and Spc. Shawn P. Brikett, all of the Quick Reaction Force, 1st Battalion, 33rd Field Artillery Regiment, at Camp Able Sentry, fold the flag at the end of the day.

Peacekeeper bioFile



Name:
Hatice Yagmur

Age: 19

Rank: Pvt.

Unit: 135 Vbdostcie

Stationed at:
Camp Able Sentry

Your role in MNB(E):
Driver and telecommunications

What city do you call home?
Purmerend, Holland

What are you good at?
Boxing

What do you like to do when you are off duty?
Play sports, watch TV and be with friends.

Your favorite food:
Macaroni, spaghetti and rice.

Your favorite TV show:
I watch everything.

Last book you read:
I don't like to read.

Why did you join the Army? I like the Dutch Army. I love to work with people. It's very exciting.



Question: Who are the local nationals who work in KFOR camps, and how do they feel about the KFOR mission and KFOR soldiers?

Drita Perezic, cultural adviser for KFOR Multi-National Brigade (East), responds:

Local nationals work in our camps in a variety of jobs: in food service, in the PX, as linguists and much more. You will come across them every day regardless of what post you are on.

KFOR's civilian work force is multi-ethnic. For example, the fire department on Camp Bondsteel has ethnic Albanian and ethnic Serb members.

Some workers' only opportunity to interact with people of other ethnicities is within the KFOR work environment.

Though the scars of the Kosovo conflict will not heal overnight for ethnic Serbs or ethnic Albanians, employment opportunities in KFOR are contributing to the social rebuilding of this region, just as they contribute to its economic rebuilding.

Local nationals are certainly supportive of the KFOR mission. Soldiers who were in Kosovo during

earlier rotations will remember perfectly well the very dangerous environment this was as a post-conflict region. Those who live here recognize the progress that has been made with KFOR's help.

Some may say that Kosovar Albanians are more 'supportive' of KFOR than Kosovar Serbs are. It has been my experience that while K-Albanians and K-Serbs will have very differing views concerning the cause of the war and the future of the province, they both realize that the efforts of KFOR to provide a safe and secure environment, to treat the local population with dignity and respect, and to be fair and impartial in all of their dealings with the local population are unbending. The people of Kosovo benefit from our efforts in numerous ways and are

R F I

Request for Information

You ask it. We get it answered.

Send us your question:
guardianeast@bondsteel2.areur.army.mil.



genuinely appreciative and grateful for our dedication to the mission and the level of professionalism they see in our soldiers every day.

One of the greatest contributions soldiers make to the local population is one that is not tangible or easily quantifiable. Each day, whether you are on patrol or at a checkpoint, responding to an incident or on a MEDEVAC, the people of Kosovo learn by example because you all lead by example.

As you live the Army values and share with your fellow soldiers and those you come into contact with loyalty, duty, respect, selfless service, honor, integrity, and personal courage, you not only are an ambassador of sorts for your nation; you also teach these values to the local population. This is not to say that the locals do not

embody these values—they certainly do. However extending these values to ethnic groups outside of their own is not always what happens. America draws strength from its diversity. The talents and contributions we all make reinforce that strength every day. The people of Kosovo, just like anyone else, will learn by what they see—so show them what dignity and respect can yield.

It would be great to believe that everyone loves you here and that no one would want to do you or your nation harm. Unfortunately, that is not the case. One should always be aware of security issues, regardless of who is working in the office—or anywhere for that matter. The best word of advice I could give you is to never lose sight of your operational security training, whether in this province or anywhere in the world.

—Perezic is the principal adviser to the MNB(E) commander and staff on social issues relating to Balkan-specific culture, history, religion, mindsets, norms, customs and trends as they impact operations. She is a native New Yorker whose family roots are in the Balkans.

Around KFOR

June 14: Capt. Michael Salvo assumed command of Battery A, 1st Battalion, 7th Field Artillery, from Capt. Timothy G. Blackwell.

June 15: KFOR Multi-National Brigade (East) conducted an exercise of its Downed Aircraft Recovery Team and Quick Reaction Force. The exercise at Camp Pones included a simulated hard landing with a simulated injury to one pilot. Task Force 1-77 Armor provided site security as the QRF flew in, the DART arrived and the pilot was air-evacuated. The exercise was completed in less than four hours.

June 21: Lt. Col. Steven W. Pate assumed command of the 299th Logistics Task Force from Lt. Col. Ruben R. Perales Jr.

June 21: Soldiers of the Medical Platoon, 1st Battalion, 7th Field Artillery Regiment, worked with Task Force Medical Falcon and 1st Lt. Yulie Frank, a physician in the Russian 13th Tactical Group, to provide medical and optical civilian assistance programs to residents of the largely Kosovar Albanian community of Donja Sipisnica and the solely Kosovar Serb community of Kololec. The soldiers provided medical and optical services and dispensed medication, all free of charge. A total of 63 Kosovar Albanians and 20 Kosovar Serbs were served.

June 22: A patrol from KFOR Multi-National Brigade (South) confiscated a pump-action shotgun in a produce store in Geljance.

June 22: Soldiers of MNB(E)'s Polish-Ukrainian Battalion found an antipersonnel mine on the ground in a forest area west of Dragomac. The soldiers notified POLUKRBAT's explosive ordnance disposal element, which destroyed the mine in place.

June 23: Soldiers of the Greek 501st Mechanized Battalion discovered a hand grenade during a patrol just east of Urosevac. The soldiers secured the area, then transported the grenade to the 737th Explosive Ordnance Disposal Company's safe holding area on Camp Bondsteel.

June 23: Soldiers of Task Force Eagle unexpectedly acquired three mine awareness training aids when they encountered and reported three antipersonnel mines just west of Urosevac. Soldiers of the 737th EOD Co. identified the mines as VPROM training mines and took them to Camp Bondsteel for use in mine recognition instruction.



KFOR Multi-National Brigade (East) conducts an exercise of its Downed Aircraft Recovery Team and Quick Reaction Force, June 15 at Camp Pones.

June 24: Near Gornja Fustica, a local man turned in a shotgun to a patrol from KFOR Multi-National Brigade (Center). The KFOR soldiers handed over the weapon to UNMIK Police. No arrests were made.

June 24-27: Soldiers of Co. C, 1st Battalion, 26th Infantry Regiment, participated in the company's Super Squad competition, a series of tasks designed to develop confidence, teamwork and Esprit de Corps. The tasks include an Army Physical Fitness Test with pull-ups and dips added; a bench press competition; a 12-mile march; a 1.5-mile aid and litter course; a weapons proficiency test and shooting competition; a three-mile "boot run"; a quarter-mile run in protective mask and "battle rattle"; a Ranger Handbook knot test; and several written examinations. Four of the company's squads have completed the course so far.

June 25: During a search operation in south Mitrovica by soldiers of KFOR Multi-National Brigade (North), a fugitive threw down his bag and ran off when he saw the patrol. The soldiers searched the bag and found a rifle, a pistol and two magazines of ammunition.

June 26: An EOD team from Multi-National Brigade (West) disposed of an antitank mine found by a farmer who was working in his field near Junik.

Military police dogs command respect

Canine soldiers thwart crime with their noses

By Sgt. Lovedy Ann Zie
Staff Writer

CAMP BONDSTEEL—An elite pack of soldiers in KFOR Multi-National Brigade (East) stands ready to detect hidden drugs and explosives. You might even say these soldiers are a breed apart.

"The dogs are very effective, and people are scared of and respect them," said Staff Sgt. Jeremy Peek, kennel master in the Working Dog Section of Task Force 709th Military Police. Peek works daily with the section's six dogs.

"These dogs are a tremendous force multiplier, considered one step below deadly force," Peek said.

The military working dogs in MNB(E) are used in cordon-and-search operations, in vehicle searches and other force protection missions, and as riot deterrents.

The Working Dog Section also supports commanders by conducting health-and-welfare searches of soldiers' living areas.

Narcotics-certified dogs are trained to detect a variety of drugs, including heroin, cocaine, marijuana, hashish and ecstasy. A company commander or first sergeant can request a search at any time.

Working dogs are unit assets—they stay with the command even when their handlers move to new



Spc. Heath M. Hanuska and Sgt. Nicholas Fontaine, both of the 709th Military Police Battalion, give Nero, a Swiss MNB(S) attack dog, extra training by using multiple agitation techniques.

assignments.

The dogs work five to six hours per day, not including travel time. Their handlers must ensure that the dogs get adequate rest, proper nutrition and preventive medical care, as well as play and exercise.

They also must ensure that the dogs maintain the detection proficiency needed for their Department of Defense work certifications.

"It is a delicate balance," Peek said.

Handlers in TF 709 MP have worked with handlers in other multi-national brigades, sharing training techniques.

"We try (techniques), see if they get results from our dogs," Peek said.

"If we do, then our handlers take these techniques back to the rear and train our dogs with them. It's gathering more tools to help you out with a mission."

Camp Bondsteel's working dog team has trained with Swiss and German soldiers from Multi-National Brigade (South) and



Sgt. Nicholas Fontaine of the 709th MP Bn. adjusts the collar on his dog Michael, a Belgian Malinois, during training.

United Kingdom soldiers from Multi-National Brigade (Center). Camp Monteith's working dog team has trained with French soldiers from Multi-National Brigade (North).

Peek said it is unsafe to assume

a working dog is friendly—the dogs are trained to react aggressively to strangers that enter their "territory."

His advice for soldiers who encounter a working dog in the field: "Stay away."

Get to know MNB(E) units

299th Forward Support Battalion

The 299th Forward Support Battalion forms the core of the 299th Logistics Task Force, part of KFOR Multi-National Brigade (East).

The 299th FSB was constituted on March 23, 1966, in the Regular Army as the 7th Support Battalion and assigned to the 199th Separate Infantry Brigade at Fort Benning, Ga.

On June 1, 1966, the battalion was activated and deployed to the Republic of Vietnam, serving with distinction from 1966 to 1970 and earning 10 battle streamers; the

Republic of Vietnam Cross of Gallantry with two palms; two Meritorious Unit Commendations; and the Civil Action Honor Medal.

On Oct. 15, 1970, at Fort Benning, the battalion was inactivated and relieved from assignment to the 199th Separate Infantry Brigade; at the same time, it was designated as the 299th Forward Support Battalion.



On Oct. 20, 1983, the battalion was assigned to the 1st Infantry Division and activated in Schweinfurt, Germany.

The battalion was inactivated on Aug. 15, 1991, and subsequently reactivated on Feb. 16, 1996. In March of 1996, the 299th deployed to Bosnia-Herzegovina as a part of Task Force Eagle, where the battalion served with

distinction, earning the Presidential Unit Citation.

In June 1999, the battalion again deployed to the Balkans, this time to Kosovo as a part of Task Force Falcon, where it established the first logistical base in the new theater of operations. On Dec. 16, 1999, the battalion redeployed to home station.

The battalion's colors bear 10 battle streamers from the Vietnam War, including Vietnam Counteroffensive—Phases II, III, IV, V, & VI; Tet Counteroffensive; Tet 69 Counteroffensive, Summer-Fall 1969; Winter Spring 1970; and the Sanctuary Counteroffensive.

Peacekeeper BioFile



Name: Sean O'Brien

Age: 21

Rank: Sgt.

MOS: 13B,
Cannon crewmember.

Unit: Battery A,
1-7 Field Artillery Bn.

Stationed at:
Camp Monteith.

Your duty position:
Gunner.

Your role in MNB (E):
Peacekeeper—ensuring my soldiers' safety.

What city do you call home?
Allentown, N.H.

What are you good at?
Communicating, basketball, scuba diving.

What do you like to do when you are off duty?
Go to the gym.
Play basketball.

Favorite Food:
Pasta.

Your favorite TV show:
"Boston Public"

The last book you read:
"Blood Music"

Why did you join the Army?
To do something for my country and travel.



Peacekeeper BIOFILE



Name: Nathan Ginz

Age: 19

Rank: Pvt.

MOS:
13B,
Cannon crewmember

Unit: Battery A,
1-7 Field Artillery Bn.

Stationed at:
Camp Monteith

Your duty position:
Howitzer driver

What city do you call home?
Dover, Ohio

What are you good at?
Baseball and wrestling

What do you like to do when you are off duty?
Hang out with friends and go clubbing.

Favorite Food: Steak

Your favorite TV show:
"SouthPark"

What is the last book you read?
"Polaris Claybourne"

Why did you join the Army? To do something important with my life.



Healthy living starts in Southtown gym

By Pfc. Kate McIsaac
Staff Writer

Even the healthiest soldiers learned a thing or two June 23 as Morale, Welfare and Recreation conducted a health fair June 23 in the Southtown Gym.

"I learned that I am an over-pronator," said Sgt. William Bravo, referring to a running posture related to high arches. Bravo is the noncommissioned officer in charge of civil affairs for Task Force Medical Falcon.

"What I learned today will certainly affect my next purchase," he said.

"My next pair of shoes will have motion control."

Johnny Davis, fitness coordinator for Camp Bondsteel and the director of the fair, said the purpose of holding an event like this is to get soldiers interested in health and fitness.

In addition to gait analysis – an examination of the foot and arch to help identify the right kind of footwear and prevent overuse injuries to the feet – the fair was teeming with other booths.

At one booth, MWR specialists provided assessments to determine individual fitness ability based on heart rate recovery af-



Sgt. Rosaline Pickett, a supply clerk with Co. A, 601st Aviation Supply Battalion, begins a stretch to test her flexibility while Morale Welfare and Recreation director Lillian Quehl charts the distance.

ter three minutes of cardiovascular exercise.

At another table, MWR specialists tested flexibility.

Davis said he felt one of the most important services provided at the fair was the flexibility testing. Although many soldiers are in excellent physical condition because the job requires it, many are not very flexible, he said.

Davis said flexibility is an important part of overall fitness. "People tend to take flexibility for granted," he said. "They often just focus on weight training."

The testing provided

some insights for soldiers in attendance.

Eye screening, dental screening, sexually transmitted disease information and blood pressure testing were among the many services provided.

Some people came just to walk around and see what was available; others came with something more specific in mind.

Sgt. Daniel Chase, a little winded after the three-minute heart recovery test, said he was there for one reason.

"I am in all-right shape," he said, taking some deep breaths, "but I came to get nutrition facts.

My eating habits could be better." Chase is a heavy construction operator with Co. A, 94th Engineer Battalion.

For many in attendance, the fair provided some new information.

Davis said that just giving people some exposure to the services available at Camp Bondsteel is great. He said he invites anyone to contact him to make an appointment for body composition testing and physical fitness information.

"If anyone needs anything that has to do with fitness and well-being, I am here," Davis said.

Balkan snakes a serious threat

Soldiers patrolling in the MNB(E) sector have reported seeing snakes while out on missions. Cpt. Leslee I. Ball, MNB(E) deputy surgeon, says that snakes are common in Kosovo.

"Soldiers should be aware that snakes are present in this area," Ball said. "Although none of the snakes are considered aggressive, they will attack when provoked."

Three common venomous snakes are shown here.

A bite from these snakes could cause the following symptoms:

Wheezing, flushing and skin rash.

If untreated, the snake's venom can be life-threatening. However, once a patient seeks medical treatment and is given an antivenom, the reactions are short in duration and not life-threatening.



Sand, long-nosed or horned viper

♦Found in moderately high elevations in dry terrain with sparse brush. Seeks rocky, graveled slopes facing sun.

♦Generally sluggish and slow; not aggressive.

♦Hisses when annoyed. Will strike and bite quickly if disturbance continues.



Orsini's, meadow or steppe viper

♦Found in dry plains, flatlands with few trees or bushes. Usually at higher elevations. Also found in wooded areas.

♦Not aggressive. Avoids confrontation.

♦Usually does not bite. Will bite if continually disturbed, stepped on, or handled roughly.



♦Bites if threatened or stepped on.

Screening measures soldiers' stress levels

By Spc. Patrick Rodriguez
Staff Writer

CAMP MONTEITH — A line of 1st Infantry Division soldiers stretched out the fest tent door when they received psychological evaluations from Task Force Medical Falcon's Combat Stress Control Team.

Originally, the screening was to be completed in Germany before the deployment to Kosovo, but because of time constraints the CSC Team is finishing the screening in-country.

"We call it a pre-deployment screening, but really it's just a deployment screening," said Maj. Eric L. Wade, chief of the CSC Team at Camp Bondsteel and Camp Monteith.

Wade has a master's degree in social work and 15 years in the counseling field. Before heading the CSC, he was assistant chief of the Family Advocacy Program at Fort Hood, Texas, one of the largest programs in the Army.

"The purpose of the screening is to identify any stressors that soldiers may have entering the theater," Wade said, "and to give them help up front before the stress becomes a major problem."

Not all soldiers saw an urgent need for a stress evaluation. "Let's face the facts — it's not very stressful around here," said Spc. Michael R. Maccarone, a member of the 443rd Civil Affairs Battalion. "There isn't a lot of ammo flying all over the place. In the civilian world, my job is more stressful."

Maccarone is a security guard in Rhode Island, where he plans to attend a sheriff's academy at the end of his rotation. Maccarone was one of more than 2,000 soldiers being screened — some at Camp Bondsteel and some at Camp Monteith.

For soldiers who do not have anything in their background that warrants further discussion, the process ends with the initial screening. However, some soldiers are invited back for a secondary screening that reviews three main areas: anger, relationship-related stress and depression.

Wade said that morale is extremely high throughout MNB(E).

"I thought by now we would have seen more problems but we have not — knock on wood," he said.

The CSC Team adheres to the P.I.E.S. method of treating soldiers:

Proximity — Treat as close to the unit as the situation permits.

Immediacy — Treat as soon as symptoms occur, or upon triage.

Expectancy — Express positive expectations of recovery and



Pvt. Nathaniel F. Lynch and Pfc. Jason F. Thompson Jr., both gunners with the 127th Military Police Company, find humor in the questions on the psychological screening given by the CSC Team.

return-to-duty.

Simplicity — Use short, simple, non-mysterious methods.

The CSC Team is scheduled to launch a project that has never been employed by the Army that will use the Internet and e-mail to send psychological screenings to soldiers at remote camps. These e-mail evaluations will decrease travel time and save manpower, Wade said.

CSC teams provide unit surveys, command consultations, critical event debriefings, mental status examinations and individual and group psychotherapy.

For more information, call the CSC Team. From Camp Bondsteel, call DSN 781-3170; from Camp Monteith or Camp Magrath, call DSN 782-7060.

Peacekeeper BioFile
KFOR KFOR



Name: Andy Reynoso

Age: 22

Rank: Pvt.

MOS: 13B,
cannon crewmember

Unit: Battery A,
1-7 Field Artillery Bn.

Stationed at:
Camp Monteith

Your duty position:
Cannoneer

What city do you call home? MontePiata,
Dominican Republic

What are you good at? I am excellent at playing sports like baseball, basketball and football. I love sports.

Your favorite food:
Rice, red beans and fried chicken.

Your favorite TV show: "SportsCenter"

Last book you read:
"The Show," Chris Rock

Why did you join the Army? I joined the Army because I wanted to protect my country and my family back home in New York.



Victory!



Ninth Engineer Battalion soldiers celebrate after winning a guidon run June 16. Back row (standing): Sgt. Kenneth Beare, Sgt. 1st Class Edwin Suarez, Spc. Jeffrey Niles, Spc. Michael Makar, Spc. Justin Ellison, Sgt. Derrel Harris, Staff Sgt. Fernando Pereira, 1st Lt. Brian Sawser, 1st Lt. Joseph Duracinsky, Spc. Mark Hamilton, Staff Sgt. Eulogio Garcia-Flores, Pfc. Michael Small, Maj. Mark Mirage. Front row (kneeling): Spc. Alonzo Sturino, Spc. Olga Maldonado, Pfc. Eric Severson, Staff Sgt. David Garcia, Cpt. Kevin Stoll, Spc. Robert Peredo.



Change of C



Photos by Staff Sgt. Keith Robi

Top left: The official party condi passing of leadership from one c

Top center: Soldiers of 2nd Infan "Daggers" — stand at attention

Left: V Corps commander Lt. Ge Command Sgt. Maj. Kenneth O. June 21 change of command cer

Bottom left: Incoming Dagger B MNB(E) deputy chief of staff Lt. Col. Peter J. Palmer conduct pa

Top right: Brig. Gen. Papadopoulos taking command of 2nd Infantry.

Bottom right: 'There is no grea in his remarks.



Drag Dag

CAMP BONDSTEEL— assumed command of 2nd Inf Division — the U.S. maneu Multi-National Brigade (Ea Palmer June 21.

As MNB(E)'s deputy co Dragon also oversees Greek, sian and Ukrainian maneu

"With this change of con You are losing a great comm another," said Maj. Gen. Bani mander, at the change of coi the parade field here.

of Command



Photos by Staff Sgt. Keith Robinson and Pfc. Kate McIsaac

Top left: The official party conducts the passing of the colors, signifying the passing of leadership from one commander to another.

Top center: Soldiers of 2nd Infantry Brigade, 1st Infantry Division — “Daggers” — stand at attention as the colors advance.

Left: V Corps commander Lt. Gen. William S. Wallace and V Corps Command Sgt. Maj. Kenneth O. Preston were among the attendees at the June 21 change of command ceremony at Camp Bondsteel.

Bottom left: Incoming Dagger Brigade commander Randal A. Dragon, MNB(E) deputy chief of staff Lt. Col. Peter Jones and outgoing commander Col. Peter J. Palmer conduct pass and review of the Daggers.

Top right: Brig. Gen. Papadopoulos Kiriakos congratulates Dragon on taking command of 2nd Infantry Brigade.

Bottom right: ‘There is no greater privilege than to command,’ Dragon said in his remarks.



Dragon takes on Dagger Brigade

CAMP BONDSTEEL— Col. Randal A. Dragon assumed command of 2nd Infantry Brigade, 1st Infantry Division — the U.S. maneuver component of KFOR Multi-National Brigade (East) — from Col. Peter J. Palmer June 21.

As MNB(E)'s deputy commander for maneuver, Dragon also oversees Greek, Lithuanian, Polish, Russian and Ukrainian maneuver elements.

“With this change of command comes continuity. You are losing a great commander, but you are gaining another,” said Maj. Gen. Bantz J. Craddock, 1st ID commander, at the change of command ceremony held at the parade field here.

Palmer bid thanks and farewell to the soldiers of 2nd Brigade Combat Team.

“It was an honor and a privilege to serve with you. No commander could ever say enough about what soldiers like you mean to our unit and to our nation,” he said.

Dragon comes to 2nd Brigade from Heidelberg, Germany, where he served as deputy commander of training for V Corps.

He said he was “thrilled” to be given the opportunity to command 2nd Brigade Combat Team.

“There is no greater privilege than to command,” Dragon said. “I look forward to the challenge and opportunities that lie ahead.”



Peacekeeper BIOFILE



Name:
Hylke Blommerde

Age: 23

Rank: Cpl.

MOS:
Administration Specialist

Stationed at:
Camp Able Sentry

Your duty position:
Bunazih

What city do you call home? Oudenbosch, Netherlands

What are you good at? Handball

What do you like to do when you are off duty? Go out to bars, read, do aerobics and play handball.

The last book you read: "Harry Potter"

Your Favorite Food: Italian

Why did you join the Army? I joined because it is something else. It's not a regular job from 8 a.m. to 5 p.m. I can study and earn money at the same time.



Pones signal soldiers 'wired up' about communication support

By Spc. Jasmine Chopra
Staff Writer

From smoke signals to the telegraph to satellite systems, military communication technology has always depended on professional soldiers.

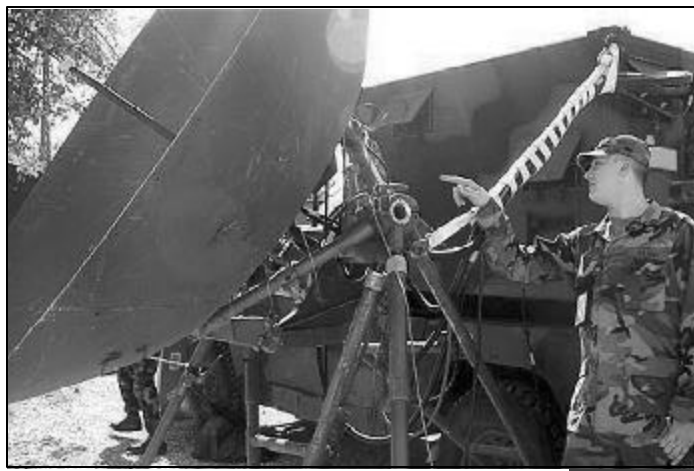
Soldiers of Co. A, 121st Signal Battalion, are the professionals making technology work in Multi-National Brigade (East). As their motto, "Wired Up," suggests, they provide telephone service, secure and non-secure Internet, e-mail, satellite and visual communication functions, and other signal services. The soldiers serve Camp Bondsteel and seven other small camps. (Camp Montieth, Camp Magrath and Camp Able Sentry are supported by other commercial providers.)

"We keep soldiers connected, and it happens in nano-seconds," said Pfc. Schuyler R. Batdorf, a satellite communication system operator-maintainer attached to the 121st.

Batdorf operates and maintains the AN/TSC-93C, a mobile satellite system at Camp Pride.

His team chief, Sgt. Christopher Holman, also a SATCOM operator-maintainer stationed at Camp Pride, recalled a communication challenge that was solved by soldiers.

"Last night at a traffic control point, soldiers were searching vehicles and checking for (suspects)," Holman said. "Their SINCGARS (single channel ground and airborne radio systems) were so busy, they needed telephone communication as well to get crucial information through to Camp Bondsteel and Camp Montieth. If we didn't have those phones working, there could have been a break in vital communication."



Satellite communications system operator-maintainer Pfc. Schuyler Batdorf, attached to Co. A, 121st Signal Battalion, explains how the 93CAN/TSC, a mobile satellite system, makes communication possible in 'nanoseconds.' Below: Soldiers operate and maintain communication systems at Camp Pride, which overlooks a Serb village.

The main switchboard at Camp Bondsteel processes more than 2,400 calls per day.

The 121st operates remote communication camps, each manned by several soldiers. There are no movie theaters, post exchanges or cappuccino bars; Soldiers still eat MREs for lunch. It's a small price to pay to make sure soldiers can have access to morale calls, Holman said.

"Knowing that your loved ones back home are taken care of helps you stay focused on your mission," he said. "Just hearing my wife's voice boosts my morale."



very well," said Capt. Neil Khatod, commander of A Co., 121st Sig. Bn.

The 121st not only allows soldiers to hear each other; it also allows units to "see" each other electronically. Khatod described the usefulness of the Command and Control Personal Computer — a system that improves situational awareness

and enhances tactical and operational decisions.

"A commander can see where to send helicopters or artillery should he decide to do so," Khatod said.

"Without my soldiers, (remote) camps would not have the ability to share that information with commanders immediately."

C2PC is supported by communication stations of the 121st. In Kosovo, it allows commanders to see electronic depictions of the current locations of MNB (E) units and other forces. Commanders can instantly share graphics and electronic messages with their troops in various locations.

Commands rely on communication systems to make important decisions. The technology has changed, but the goal of communication systems and their dedicated personnel — to provide reliable, accurate information — remains the same.



Inspection

Lt. Gen. Michael W. Ackerman, inspector general of the Army, pauses to talk to Area Support Team commander Capt. Robert Moore, Task Force 1-26 Infantry commander Lt. Col. Wayne Grigsby and HHC 1-26 Inf. commander Capt. Daniel Kelley at Camp Montieth during a recent visit.



Members of the Swedish Battalion and U.S. soldiers and Marines prepare to load litters during nine-line MEDEVAC training.

MEDEVAC training has international appeal

By Spc. Rebecca M. Grzyb
Staff Writer

CAMP MONTEITH — Swedish and U.S. Forces, including soldiers and Marines, came together in Cernica for a joint nine-line medical evacuation training exercise June 8.

The training consisted of learning proper radio procedures for sending a

MEDEVAC request, instructions on boarding and disembarking the UH-60A Black Hawk helicopter and learning how to load casualties on and off litters.

"This is the best training I've had during my three years in the military," said Sgt. Scott McFadden of the 510th Postal.

Participants applied their training in a practical exercise, demonstrating what they were

taught.

"I think MEDEVACs are important no matter what you do (in the military)," said Marine Lance Cpl. Anthony M. Lopez of the 3rd Civil Affairs Group.

"You never know when you're going to be out in the field and doing something and need a MEDEVAC."

Although the weather was hot and the sun was bright, laughter and morale remained

high throughout the exercise.

Toward the end, Swedish Capt. Richard Karlsson, leader of an infantry platoon, thanked the American forces for the cooperation and teamwork they demonstrated during the exercise.

"Because of this training, I think we are the best-trained soldiers in the Swedish Battalion," Karlsson said.

DONATIONS: TFMF delivers toys, cheer and fun

sold on the black market," Thompson said. "We wanted to make sure that the (donations) were going to the right place."

Hickson and U.K. Army Cpl. Christian Booth, a TFMF clerk, thought of using a sumo wrestling competition to raise more funds.

Booth had previously knocked out one of Hickson's soldiers, U.K. Army Lance Cpl. Kelly Cody, during some friendly sumo wrestling.

"Hickson has this saying: 'If they come up to you like a man, knock them down like a man.' Well, she came up to me like a man," Booth said of Cody, a health care assistant in TFMF.

The knockout caused a buzz around the halls of TFMF and Hickson and Booth saw an opportunity to create more excitement in the fund-raising project.

Thompson, Hickson, Booth and several others collaborated to create the "Sumo Sweepstakes" and May 26 "Booth/Hickson Sumo Fight Night." Contributors voluntarily agreed to donate to a "pool" by selecting one of more than 50 possible outcomes. Choices included: "Booth cries in Round 1" and "Hickson runs away in Round 2." The prize for the lucky winner was a cappuccino.

Wrestlers dressed up in handmade costumes and acted in their very own pre-fight trash-talking videos. The Southtown Gym was decorated like a boxing arena. With music blaring, the contestants and their cheering entourages entered the arena.

TFMF chief of surgery and the director of clinical services Lt. Col. Richard Wigle served as the official fight doctor. TFMF U.K. Squadron Sgt. Maj. Stephen Foster was the ring announcer. Cody was referee.

Scoreboard girls, water boys and roaring fans added

to the spirit of competition.

"We wanted to give them their money's worth," Hickson said about the contributors.

At the end of the match, Booth was carried out of the arena on a stretcher. Hickson appeared to have won and was well on his way to a victory dance with championship belt in hand. Minutes later, Booth came charging in, tackling Hickson.

TFMF Command Sgt. Maj. Craig Layton challenged Foster to a match. Foster eagerly accepted.

"The crowd went nuts," Hickson said.

TFMF 1st Sgt. Rudy Del Valle passed around a bucket and crowds poured money in.

"There was money flying off the balcony. One girl even emptied out her purse," Booth said.

Layton and Foster wrestled until Layton toppled out of bounds.

The end result: "TFMF won. The children won," Hickson said.

Thompson, Booth, Hickson, Burbank and many other U.K. and U.S.

personnel delivered toys, clothes, toiletries, books, and sports equipment to the orphanage on June 20.

"It was a tearful experience," Thompson said.

There were smiles on children's and soldiers' faces as the best and most expensive gifts were presented to the children.

"We all chose one toy to give to a child," Booth said.

"This one boy caught my eye. His face was so cute. He reminded me of my son back home, and I just knew that was the child I wanted to give my toy to. It felt like 10 Christmases in one for me. I personally had made a difference in that child's life.

"It made me so proud to be part of KFOR and TFMF."



U.K. Navy Lt. Fiona Thompson picks the right sized T-shirt for a girl at the Gracanica Monastery Orphanage.

Peacekeeper bioFile



Name: Alexy Mironets

Age: 28

Rank: Staff Sgt.

MOS: Airborne engineer

Unit: POLUKRBAT

Stationed at: Camp Golden Lion

Your duty position: Squad leader

Where do you call home? Chernigov District, Ukraine

What are you good at? Bodybuilding and shooting.

What do you like to do when you are off duty? Play sports, bodybuild and watch TV.

Favorite TV show: TV project "Behind the Glass: You're in the Army Now" (a Ukraine reality TV show).

Favorite Food: Meat and frog legs.

The last book you read: "Survival in Extreme Conditions."

Why did you join the Army? I like the Army life.



Peacekeeper
BATTLE

KFOR KFOR



Name: Kunitz Andriy

Age: 34

Rank: Maj.

MOS: Interpreter LNO

Unit: POLUKRBAT

Stationed at:
Camp Golden Lion.

Your duty position:
NSE LNO

What city do you call home?
Lviv City, Ukraine

What are you good at?
Anything military.

What do you like to do when you are off duty?
Playing the guitar and language skills.

Your Favorite Food:
Pelmeni (kind of ravioli).

Favorite TV Show:
"Behind the Glass: You're in the Army Now" (Ukraine reality TV show).

Last book you read:
"The Protocol."

Why did you join the Army?
I made the mistake 18 years ago, but I really don't regret it.



Sports

Guidon run takes off



Photos by
Staff Sgt. Keith Robinson



Soccer: Healthy competition brings soldiers together

Continued from page 16

half, Camp Monteith came out in a rapid-fire offense that was relentless, scoring four unanswered goals – two more by Ampomah, and one each from Spc. Victor Banks of Co. C, 299th Logistics Task Force, and Spc. Alfredo Conde of Co. A, 1st Battalion, 18th Infantry Regiment.

By the end of regulation, the score was tied up, 5-5, with a shoot-out on the horizon.

In the shoot-out, Camp Monteith goalkeeper Sgt. Brian Lindsay of Co. B, 1st Battalion, 26th Infantry Regiment, was forced to go airborne in order to make a sensational one-handed save of a line-drive bullet. It was, however, the only save of the overtime period as Camp Monteith scored five goals to Team Drita's four in the shoot-out.

Afterward, players from both teams gathered for dinner, where certificates from Task Force 1-77 Armor and Task Force 1-26 Infantry were presented to each of the Team Drita players for their hard work and dedication in the community soccer game.

"It's playing together and enjoying the competition," said Lt. Col. Wayne W. Grigsby, commander of TF 1-26



Camp Monteith's Sgt. Gerald Ampomah of Battery A, 1st Battalion, 7th Field Artillery Regiment, slams a goal into the net past Team Drita's goalie Afrim Shahini.

Infantry. "It was a great game today, and I think that everybody who played it and everybody who watched it enjoyed that."

Soldier support

Photo contest winner: Staff Sgt. Juan Hickson, TFMF



Honorable mention:
Bill McLauchlan
U.K. Army

A bare-skinned Capt. Marco Long of the Italian Army at Headquarters KFOR volleys with Kutz Hildebrandt, U.K. Army also from HQ KFOR, in a recent match at Film City in Pristina.



Cpl. Chris Booth, an administrative clerk; Lance Cpl. Andrew Domelow, an operating room technician; Sgt. Maj. Stephen Foster; Maj. Anton Philpot, chief nurse; and Sgt. Clare Johnson, emergency medical technician, all U.K. soldiers in Task Force Medical Falcon, enjoy a relaxing afternoon in the pool.

Think you can do better?

You may be right! The Guardian East staff invites every member of MNB(E) to participate in a semimonthly **photo contest**.

The prize is the satisfaction of seeing your work in print — and knowing you're the best! (Winning photos also will be displayed in the MNB(E) tactical operations center.)

Each issue's contest will focus on a different kind of photo. Focus for the July 15 issue (deadline July 10): **Kosovo** —

photos that portray life 'outside the wire.'

Focus for the Aug. 1 issue (deadline July 20): **Kosovo at night** — subject can be inside or outside KFOR camps.

Digital images in any common file format (*.jpg, *.gif, *.tif, *.bmp, *.psd, etc.) will be considered.

Send image files as e-mail attachments (one per message) to senior editor Staff Sgt. Keith Robinson at guardianeast@bondsteel2.aurc.army.mil.

AMBULANTE: Proof of progress — TFMF withdraws from medical clinic

Continued from page 1
until the end of June.

"We can release the MEDCAP to go to do their good work elsewhere in the secure knowledge that our little ambulant (clinic) is doing what it was intended to do — cater to

the medical needs of both Albanian and Serb people of the area," said Niall Hartnett, United Nations Mission in Kosovo civil affairs officer for the Strpce municipality.

Caritas Polska, a Polish charitable non-governmental organization, renovated the tattered clinic

in the fall of 2000 with the stipulation that the clinic have a multi-ethnic (Albanian and Serb) staff and care for patients regardless of ethnicity.

Disputes concerning the hiring of staff prohibited the clinic from opening until November 2001, when a multi-ethnic ancillary staff — nurses, technicians, clerks, and orderlies — was established, said Capt. Cynthia Holbrook, TFMF civil affairs officer.

Negotiations to hire local physicians to staff the clinic took more than four months. During those months, KFOR stepped in with TFMF and POLUKRBAT physicians.

In April, a Kosovar Serb doctor was hired; soon after, a Kosovar Albanian doctor was hired.

"We provided a teach-coach-mentor role," Holbrook said. "Our doctors worked alongside the (host-nation) doctors as they treated patients of both ethnicities."

TFMF stopped providing physicians and other medical support to the clinic in May but maintained a presence there through June 17 to ensure safety and security.

"The clinic is a true success story rarely heard of in Kosovo since the end of the war," Holbrook said. "It should serve as a model for healthcare in Kosovo."

In an informal ceremony June 17 at the clinic, TFMF commander

Col. Jeffrey Clark praised the clinic for its efforts.

"The staff of the ambulant is setting an example not just for the people of Kosovo but for all the people of the world," Clark said. "We look forward to doing MEDCAPS similar to this in other areas with hopefully the same success."

Speaking through an interpreter, the director of the Strpce Municipality Health House, Dr. Zoran Staletovic, thanked KFOR.

"Thank you for helping to open the ambulant," Staletovic said. "It finally works for the purpose it was built for — to care for all people. The staff works well, and we will continue to work with our own professionals."

The Gnjilane regional health director, Dr. Halimi Ramadan, congratulated everyone involved with the clinic project, speaking through an interpreter.

"This clinic is a monument to cooperation," he said.

Clark described how the brigade will benefit from the clinic's achievements. "MNB(E) has captured lessons learned from the evolution of Drakovce Ambulant into a self-sufficient, inter-ethnic clinic for all patients," he said.

"MNB(E) plans to apply this successful model in other ambulantes, health houses and the Gnjilane Regional Hospital."



In the village of Drakovce, both Kosovar Albanian and Kosovar Serb families depend on the Ambulante to provide medical care. This brother and sister came to the clinic with cold symptoms.

Peacekeeper
bottle
KFOR
KFOR



Name: Eric Harrison

Age: 23

Rank: Sgt.

MOS: 54B, chemical operation specialist

Unit: Battery D, 1-33 Field Artillery

Stationed at:
Camp Bondsteel

Your duty position:
Nuclear biological chemical NCO.
Training NCO

What city do you call home?
Virginia Beach, Va.

What are you good at?
Snowboarding and people skills.

What do you like to do when you are off duty?
Spend time with family and travel to European countries.

Your Favorite Food: All

Your favorite show:
"Tom Green Show"

Last book you read:
"Black Like Me"

Why did you join the Army? To travel and have a good career.



Peacekeeper biofile



Name: Egidjus Palukas

Age: 33

Rank: Warrant Officer

MOS: Morter

Unit: POLUKRBAT

Stationed at:
Camp White Eagle

Your duty position:
Commander of an infantry platoon.

What city do you call home?
Panevezys, Lithuania.

What are you good at?
I am good at being in the military.

What do you like to do when you are off duty?
Bodybuilding.

Your favorite food:
Traditional Lithuanian cuisine.

Your favorite TV show:
I like to watch sports.

The last book you read:
"Russian Politics."

Why did you join the Army? I liked the job.



Alibis

Force protection conditions

Formerly known as threat conditions, force protection conditions act as a measuring stick for installation threat levels.

U.S. camps in MNB(E) are currently at Force Protection condition **Bravo**.

FPCON Alpha

This condition applies when there is a general threat of possible terrorist activity against personnel and facilities, the nature of which is unpredictable, and circumstances do not justify full implementation of FPCON Bravo.

FPCON Bravo

This condition applies when an increased or more predictable threat exists. The measures in this FPCON must be capable of being main-

tained for weeks without causing undue hardship, affecting operational capability or aggravating relations with local authorities.

FPCON Charlie

This condition applies when an incident occurs or intelligence indicates some form of terrorist action against Department of Defense personnel or facilities is imminent. Implementation of FPCON Charlie measures for more than a short period will create hardships for personnel.

FPCON Delta

This condition applies in the immediate area where a terrorist attack has occurred or when intelligence has been received that terrorist action against a specific location or person is likely. Normally, this FPCON is declared as a localized condition.

For more information about force protection levels, contact Master Sgt. Robert Haemmerle, of the Multi-National Brigade (East) Anti-terrorism Force Protection Office via e-mail at robert.haemmerle@bondsteel2.areur.army.mil



Tips for passing fire safety inspections

Special to Guardian East
By John Bailey
Task Force Falcon Fire Department

The Fire Department conducts inspections of living and work areas at least once every six months.

Most fires that occur in the living quarters or work areas are due to equipment failure or a human act.

We need your help in keeping Multi-National Brigade East fire-safe. Here is a list of some of the common hazards fire prevention inspectors will look for during inspections:

◆ Personnel's knowledge of fire reporting, evacuation, and use of fire extinguishers.

◆ Proper number of smoke detectors, mounted correctly and in the proper location.

◆ Proper location and mounting of fire extinguishers.

◆ Condition of heating, fuel handling, and similar hazard producing installations and equipment.



◆ Competence of fire safe practices to eliminate and prevent fires.

◆ Control of smoking and other hazardous personal practices.

◆ Changes in construction, occupancy, or other factors that require updating the pre-fire plans.

◆ Condition and proper use of electrical equipment and connections.

◆ Housekeeping practices, 3-foot-by-3 foot clear path to each exit, no extension cords, makeshift walls, or cooking equipment in living areas

◆ Proper number, condition, and accessibility of fire exits and escapes.

◆ Proper separation of hazardous material and chemicals.

◆ Proper separation, storage and placarding of explosives.

◆ Evidence of unauthorized self-help projects.

If you have any questions about this, or any fire safety topic, contact your Camp Fire Station, or call DSN 781-4098 and ask for the Fire Prevention section.

Fire safety word jumble

I S F E R

C A S M E H T

H I E G X U T E I S N R

K S E M O

Inspector General Instruction 1010.10 prohibits what in certain areas?

--	--	--	--	--	--	--

Unscramble the four fire-related words and arrange the circled letters to answer the question at the bottom.

You must send the four words and the answer to the question in order to win.

E-mail your answers to firedept@bondsteel2.areur.army.mil or drop them off at your camp's fire station, marked, "Attention Fire Prevention Department."

The winner at the end of the week will receive a TFF Fire Department T-shirt.

Answer to last issue's crypto quip: The optimist proclaims that we live in the best of all possible worlds, and the pessimist fears this is true.

Faith support

Advice for successful deployment: play by God's rules

By Capt. David Green
Chaplain, Task Force 709th Military Police

Similarly, if anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules. — 2 Timothy 2:5, New International Version.

Are you having a successful deployment? How do you know if you are having a successful deployment?

I guess the answer to that question will vary from person to person and from job to job.

Success in any season of life, whether deployed or at home station, is in the daily rules we live by — not in our job or where we are located.

There are eternal rules for living that will make us successful no matter what the situation. Like Paul, the writer of Philippians, we can learn the secret of saying: "I have learned to be content in any and every situation." (Philippians 4:12)

Here are four rules that work for me as a forward-deployed soldier, serving both God and country:

1. Don't wish your life away. (See Ecclesiastes 3:1-13.)

Now don't get me wrong I miss my family a bunch! I married that woman — and would do it again. I like being with her and our two beautiful daughters. My heart is with them, and I wish I could be with them right now. But right now I can't.

As a family we have made a conscious decision to make the most out of life wherever we are! As the old saying goes: If life hands you lemons make lemonade.

Whether you are geographically separated from your family or not, life is too precious and short for you to throw it away just because you have a lousy attitude. Most of the time, attitude is everything. If you would like to talk about that more, come see me or go see

your chaplain. We would be glad to help.

2. If it is possible, as far as it depends on you, live at peace with everyone. (See Romans 12:17-21.)

Remember the Golden Rule: "Do unto others as you would have them do unto you." (See Matthew 7:12.)

Can anyone say "roommates"? (Oh man, don't get me started.)

Seriously, remember all the rules you were taught in kindergarten and you will do fine! Premium words here are "please" and "thank you" (according to the purple dinosaur, they are the magic words) and "play nice together." Plain old respect and apologies go a long way, too, and cover a multitude of roommate fouls. And, for goodness sake clean up after yourself (you pig)!

3. Work even when your supervisor's eyes are not on you. (See Colossians 3:22-25.)

Keeping busy doing your job with the right motivation is a great way to keep from visiting the doldrums. More importantly, as a man or woman of integrity, you will do the right thing even when no one is watching.

Oh, by the way, doing this will help you get promoted and find the best jobs. People notice.

4. Whatever you do, do it for the glory of God. (See 1 Corinthians 10:31)

This is a time-honored and time-tested principle, especially if you work in an environment that doesn't seem to appreciate your efforts. Serving God is the highest form of service in the world. Why? Because by serving God we serve each other and this pleases the Lord.

God is all about putting others first. He will use us to make an everlasting difference in the lives of others. Blessed are the peacekeepers serving others in lands not their own!

Can I get an "amen" from a soldier deployed in Kosovo?

Simple but profound, these rules work for me. Try them. Make this the most successful deployment you have ever had.



Name:
Joseph J. Kumper

Age: 23

Rank: Staff Sgt.

MOS: 68F,
aircraft electrician.

Unit: Co. A, 601st
Aviation Support
Bn.

Stationed at:
Camp Bondsteel.

Your duty position:
Task Force Eagle safety
noncommissioned
officer.

What state do you call home? Maryland.

What do you like to do
Spending time with my
family.

Your favorite food:
Halibut off the grill

Your favorite TV show: "ER"

Why did you join the Army? A job.



Balancing act



Soldiers of Co. F, 159th Aviation Battalion, "Big Windy," stationed at Camp Able Sentry balance and work atop a CH-47 Chinook helicopter to replace the rotors.

Worship Schedule

Camp Bondsteel

(S) = South chapel (N) = North chapel (B) = both

Sunday	Tuesday
8 a.m., Roman Catholic Mass (S)	7 p.m., Catholic RCIA (N)
9:30 a.m., Roman Catholic Mass (N)	
9:30 a.m., Liturgical Protestant (S)	Thursday
11 a.m., Collective Protestant (B)	7 p.m., RCIA (S)
1 p.m., Latter-Day Saint (S)	Friday
2 p.m., Gospel Service (N)	12 p.m., Islamic Service (N)
5 p.m., Unitarian Universal (S)	7 p.m., Jewish Service (N)

Camp Monteith

Sunday
9 a.m., Bunker Bible Study
10 a.m., Collective Protestant Service
1 p.m., Latter Day Saint Service
7 p.m., Catholic Mass
8 p.m., Praise and Worship Service



Sports

Shoot-out brings victory to Monteith team in first match

By *Spc. Rebecca M. Grzyb*
and *Sgt. James Blaine*
Staff Writers

A team of U.S. soldiers from Camp Monteith challenged a team of Kosovar Albanians from Gnjilane in

a soccer match June 13 at the Gnjilane City Stadium that was won in a shootout by the Camp Monteith team.

The Gnjilane team, calling itself Team Drita, dominated early, bringing the

score to 3-0, with two of the three goals scored by Qatip Osmani.

Sgt. Gerald Ampomah of Battery A, 1st Battalion, 7th Field Artillery, scored the first goal to pull Camp

Monteith to within two goals, but making up the difference wasn't easy. Camp Monteith crossed midfield only a few times in the first half and failed to score as a late pass was snatched away

by Team Drita's goalkeeper.

Late back-to-back goals from Faruk Nazif stretched Team Drita's lead to 5-1 as the 45th minute ticked by.

At the start of the second

See **SOCCEER** page 12

Soccer roundup

Soccer and sports in general are a good way to make friends. With this in mind, Camp Monteith has organized a soccer team of all ranks to compete in matches against local national teams and against KFOR soldiers from other countries. The matches also help to sustain soldiers' morale and build upon KFOR's multi-national cooperation and team spirit.

Camp Monteith soccer team defeats POLUKRBAT 7-5

By *Spc. Patrick Rodriguez*
Staff Writer

CAMP MONTEITH — Coming back from a 2-1 deficit right after the half, the Camp Monteith Soccer Team polished off the Polish-Ukrainian Battalion 4-2 with the last two goals coming from Francis Amoako.

The June 22 victory was Camp Monteith's second win; the team had already conquered Team Drita, a group of Kosovar Albanian players from Gnjilane. That game ended 7-5 after a shoot-out.

The first goal was scored by POLUKRBAT early in the first half. Camp Monteith quickly responded with its only

goal of the first half, headed in by Todd Walker.

The match was physical, with numerous players on both sides hitting the turf. One POLUKRBAT player left the game in the first half when a Camp Monteith player went for the ball, which resulted in both players crashing to the ground.

Kwasi Baah swung the match's momentum to Camp Monteith when he scored the second and defining goal by making a corner kick past the POLUKRBAT defense.

Although the Camp Monteith team won the match, both teams won as they built camaraderie and respect for one another.

Camp Monteith's next scheduled game is against a team of Kosovar Serbs.



Cpl. Todd Walker of HHC, 1st Battalion, 77th Armor, positions himself for a goal against a POLUKRBAT player.

NCO run honors retired Sgt. Maj. of the Army



By *Spc. Patrick Rodriguez*
Staff Writer

CAMP MONTEITH — Guidons were held high during a 10K run June 16 commemorating retired Sgt. Maj. of the Army Leon L. Van Autreve, who was an inspiration to enlisted soldiers and especially the Engineer Corps.

"He is probably the most inspiring noncommissioned officer the Army has ever had, without a doubt," said Command Sgt. Maj. Michael Balch of Engineer Brigade, 1st Infantry Division, who knew Van Autreve both professionally and personally.

"His gift was his ability to communicate and deliver an important message. He was a great, great American."

can."

Van Autreve was the only sergeant major of the Army to come from the Engineer Corps.

The president of the Morale Club, 1st Sgt. Farrell Williams of Co. B, 9th Engineer Battalion, organized the NCO run with more than 200 NCOs converging on Camp Monteith the morning of Father's Day. The Morale Club, which sponsored the run, represents the top 10 percent of the NCOs in U.S. Army Europe.

On a sweltering June morning, the participants ran and urged their colleagues to give their best efforts. Command Sgt. Maj. Robert Conklin of 1st Battalion, 26th Infantry Regiment, said, "I think it's



good team building—esprit de corps. NCOs lead from the front, so that's why I'm out here today, leading from the front."

After the 10K run, two televisions and two videocassette recorders were raffled off to soldiers and medals were displayed for the winners. Everyone who

participated received a shirt and cap for their efforts to remember and commemorate Van Autreve.

"He made you feel good about serving your nation as a soldier and what it means to be a patriot," Balch said. "He will always be remembered."